BCH
Benewah Community Hospital

Steps to Prevent the Spread of Coronavirus (COVID-19) if You are Sick

The Centers for Disease Control and Prevention (CDC) is closely monitoring the COVID-19 outbreak. As of 03/22/2020, there have been 47 positive COVID-19 cases reported in Idaho.

Symptoms: *Fever, Cough, Shortness of Breath*

Clean your Hands Often   **Avoid Close Contact of Others**   **Stay home if You're Sick**

Cover Coughs & Sneezes   **Wear a Facemask if You're Sick**   **Clean and Disinfect**

Call your doctor if you: Develop symptoms **AND have been in close contact** with a person known to have COVID-19 or if you have recently traveled from an area with widespread or ongoing community spread of COVID-19. *BCH Emergency Department: 208-245-7623*

If you are Sick, PLEASE STAY HOME AND SELF-ISOLATE
If you are feeling too ill to remain at home, call your healthcare provider.

BCH has a Nurse available to answer questions regarding self-care, M-F, 8am-4pm: 208-245-7633

For more information on how to protect yourself, visit: https://www.cdc.gov/coronavirus/2019-nCoV/index.html

Idaho COVID-19 Information:
Hotline: 877-415-5225

CDC
CENTERS FOR DISEASE
CONTROL AND PREVENTION

Public Health
Prevent. Promote. Protect.
Panhandle Health District