



# Coronavirus Disease (COVID-19)

The Centers for Disease Control and Prevention (CDC) is closely monitoring the COVID-19 outbreak. As of 03/09/2020, there have been ZERO positive COVID-19 cases reported in Idaho.

**COVID-19:** "Coronavirus Disease 2019" (COVID-19), was first detected in China in December 2019. On January 31, 2020, Health and Human Services declared a public health emergency (PHE) for the United States to aid the nation's healthcare community in responding to COVID-19.

**Symptoms:** The following symptoms may appear 2-14 days after exposure:

*Fever, Cough, Shortness of Breath*



**Call your doctor if you:** Develop symptoms **AND have been in close contact** with a person known to have COVID-19 or if you have recently traveled from an area with widespread or ongoing community spread of COVID-19.

**The best way to prevent yourself and others from getting sick:**

- Avoid areas where there is an outbreak
- Avoid contact with people who may be infected
- Wash your hands often with soap or alcohol hand cleansers
- Avoid touching your mouth, nose and eyes with unwashed hands
- Cover your mouth with a tissue when you cough or sneeze
- Use a disinfectant to clean things that you touch often
- Isolate yourself at home if you are sick
- If you are feeling too ill to remain at home, call your healthcare provider. It is important to call ahead of your arrival to avoid exposing others, allowing BCH to follow proper isolation precautions.

**BCH Emergency Department: 208-245-7623**



**Public Health**  
Prevent. Promote. Protect.

**Panhandle Health District**



**CENTERS FOR DISEASE  
CONTROL AND PREVENTION**

**Idaho COVID-19 Information:  
Hotline: 877-415-5225**