



NEW PATIENT MEDICAL HISTORY FORM

Today's Date: _____

Patient's Name (First, Middle, Last): _____

Date of Birth: ____ / ____ / ____ Occupation: _____ Years at Current Job: _____

Reason for Clinic Visit: _____

Please List Previous Healthcare Providers/Specialists: _____

MEDICAL CONDITIONS

Do you have or have you had any of the following medical conditions/issues?

	Yes	No	<i>If yes, please describe</i>
Anxiety/Depression	☐	☐	
Arthritis	☐	☐	
Asthma	☐	☐	
Blood Clots/Blood Disease	☐	☐	Location of Clots:
Cancer	☐	☐	Kind:
Chronic Pain	☐	☐	
Cirrhosis	☐	☐	
Congestive Heart Failure	☐	☐	
COPD	☐	☐	
Crohn's Disease	☐	☐	
Diabetes	☐	☐	Type:
Diverticulitis	☐	☐	
Epilepsy	☐	☐	
Gout	☐	☐	
Heart Attack / MI	☐	☐	
Hepatitis	☐	☐	Type: Treated? ☐ Yes ☐ No Date: _____
High Blood Pressure	☐	☐	
Kidney Condition	☐	☐	Kind:
Pneumonia	☐	☐	
Recurrent UTIs	☐	☐	
Stress	☐	☐	
Stroke	☐	☐	
Stomach Ulcer	☐	☐	
Thyroid	☐	☐	
Tuberculosis	☐	☐	Kind: Treated? ☐ Yes ☐ No
Ulcerative Colitis	☐	☐	
Other	☐	☐	



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ALLERGIES

Do you have any allergies? ☐ Yes ☐ No *Please list all allergies (Include medications, foods, x-ray dyes)

Allergy	Type of Reaction

MEDICATIONS

Are you currently taking any medications? ☐ Yes ☐ No *Attach extra sheet if necessary

Please list all medications that you are currently taking (Include prescription, over the counter, herbal/vitamins)

Medication	Dose (mg)	How often	Reason for taking medication	Prescribed by:

PHARMACY – Please list Pharmacy most frequently used for prescriptions.

Name: _____ Phone #: _____

Fax #: _____ Address: _____

SURGERIES

Have you had any surgeries in your lifetime? ☐ Yes ☐ No *Attach extra sheet if necessary

(i.e. appendix, gallbladder, hernia, heart surgery, orthopedic, hysterectomy, tonsils, vasectomy, EGD, Colonoscopy, etc.)

Type of Surgery	Date (approximate)	Hospital or city (if known)

PREVIOUS HOSPITALIZATIONS

Have you ever been hospitalized? ☐ Yes ☐ No *Attach extra sheet if necessary

Reason for Hospital Stay	Date (approximate)	Hospital or city (if known)



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FAMILY HISTORY

	Mother	Father	Sister	Brother	Grandparent	
Asthma	☐	☐	☐	☐	☐	
Alcoholism	☐	☐	☐	☐	☐	
Anemia	☐	☐	☐	☐	☐	
Blood Clots	☐	☐	☐	☐	☐	Type:
Blood Disease	☐	☐	☐	☐	☐	Type:
Cancer	☐	☐	☐	☐	☐	Type:
Congestive Heart Failure	☐	☐	☐	☐	☐	
Crohn's Disease/ Ulcerative Colitis	☐	☐	☐	☐	☐	
Diabetes	☐	☐	☐	☐	☐	Type:
Emphysema/COPD	☐	☐	☐	☐	☐	
Heart Attack	☐	☐	☐	☐	☐	
High Blood Pressure	☐	☐	☐	☐	☐	
High Cholesterol	☐	☐	☐	☐	☐	
Kidney Disease	☐	☐	☐	☐	☐	Type:
Liver Disease	☐	☐	☐	☐	☐	Type:
MS	☐	☐	☐	☐	☐	
Seizure Disorder	☐	☐	☐	☐	☐	Type:
Stroke	☐	☐	☐	☐	☐	Type:
Thyroid Disease	☐	☐	☐	☐	☐	Type:
Ulcer	☐	☐	☐	☐	☐	
Other: _____	☐	☐	☐	☐	☐	

TOBACCO, ALCOHOL, & DRUG HISTORY

Smoking Tobacco Use: ☐ Never ☐ Former ☐ Current: How many cigarettes per day? _____

Do you use any of these nicotine-containing products? _____ Secondhand smoke exposure? _____

☐ E-Cigarettes ☐ Vaping products ☐ Smokeless Tobacco ☐ Other ☐ Yes ☐ No

Average amount per day: _____ If previous, what age did you stop? _____

Alcohol Use: ☐ Never ☐ Former ☐ Current: Beer, Wine, or Liquor? _____

If yes, how often do you have a drink containing alcohol?

☐ 1-2 per year ☐ 1-2 a month ☐ 1-2 per week ☐ 3-5 a week ☐ Daily ☐ Several per day

Have you previously been diagnosed with alcoholism? ☐ Yes ☐ No When? _____

If you drank alcohol previously, when did you stop? _____

Drug Use: Have you ever used recreational/IV drugs? ☐ Yes ☐ No

If yes, what type? _____ If previous, what age did you stop? _____

HEALTH MAINTENANCE AND IMMUNIZATIONS

Please check recent health maintenance/immunizations. Give month/year to the right (if known).

Bone Density: _____

Influenza/Flu Shot: _____

Colonoscopy: _____

Physical Exam: _____

COVID-19 Vaccine: _____

Pneumonia Shot: _____

Eye Exam: _____

Shingles Shot: _____

Last Labs/Blood work: _____

Tetanus Shot: _____

*FEMALE Patients ONLY:

Have you gone through menopause? ☐ Yes ☐ No Date of last menstrual period: _____

Menstrual problems: ☐ Irregular ☐ Heavy ☐ Inconsistent ☐ None

Date of last Pap Smear: _____ Any Abnormalities? ☐ Yes ☐ No _____

Date of last Mammogram: _____ Any Abnormalities? ☐ Yes ☐ No _____

Number of Pregnancies: _____ Number of live births: _____ Current birth control method: _____

Have you had a Hysterectomy? ☐ Yes ☐ No If yes: ☐ Partial ☐ Total Why? _____



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*MALE Patients ONLY:

Date of last PSA test: _____

Date of last rectal exam: _____

REVIEW OF SYSTEMS

General

- ☐ Chills
- ☐ Fatigue
- ☐ Fever
- ☐ Night sweats
- ☐ Weakness
- ☐ Weight loss/gain
- ☐ Other: _____

Cardiovascular

- ☐ Irregular heartbeat
- ☐ Chest Pain
- ☐ Leg Swelling
- ☐ Fainting
- ☐ Difficulty lying flat
- ☐ Palpitations
- ☐ Murmur

Ear / Nose / Throat

- ☐ Ear drainage
- ☐ Ear pain
- ☐ Eye discharge
- ☐ Eye dryness
- ☐ Eye pain
- ☐ Double vision
- ☐ Hearing loss
- ☐ Light sensitivity
- ☐ Nasal drainage
- ☐ Nose bleeds
- ☐ Sinus pressure
- ☐ Sore throat
- ☐ Sores in mouth/throat
- ☐ Snoring
- ☐ Voice change

Gastrointestinal

- ☐ Abdominal pain
- ☐ Constipation
- ☐ Black tarry stools
- ☐ Diarrhea
- ☐ Jaundice
- ☐ Loss of appetite
- ☐ Nausea
- ☐ Troubles swallowing
- ☐ Vomiting
- ☐ Change in Stool
- ☐ Heart Burn / Reflux

Hematologic

- ☐ Easy bruising
- ☐ Itching
- ☐ Swollen lymph node
- ☐ Other: _____

Immunologic

- ☐ Hives
- ☐ Eczema
- ☐ Hay Fever
- ☐ Other: _____

Metabolic/Endocrine

- ☐ Cold intolerance
- ☐ Excessive hunger
- ☐ Excessive thirst
- ☐ Heat intolerance
- ☐ Other: _____

Musculoskeletal

- ☐ Back pain
- ☐ Joint pain
- ☐ Joint swelling
- ☐ Muscle weakness
- ☐ Neck pain
- ☐ Other: _____

Neurological

- ☐ Dizziness
- ☐ Extremity numbness
- ☐ Extremity weakness
- ☐ Gait disturbance
- ☐ Headache
- ☐ Memory loss
- ☐ Seizures
- ☐ Tremors
- ☐ Other: _____

Psychiatric

- ☐ Anxiety
- ☐ Depression
- ☐ Insomnia

Respiratory

- ☐ Chest Pain (Respiratory)
- ☐ Cough
- ☐ Coughing Blood
- ☐ Known TB exposure
- ☐ Shortness of Breath
- ☐ Wheezing

Skin / Hair

(Integumentary)

- ☐ Breast discharge
- ☐ Breast lump
- ☐ Hair loss
- ☐ Mole changes
- ☐ Skin lesion
- ☐ Other: _____

Urinary

- ☐ Blood in urine
- ☐ Frequent urination
- ☐ Incontinence
- ☐ Pain with urination
- ☐ Abnormal Discharge
- ☐ Erectile Dysfunction
- ☐ Other

Female Patients

- ☐ Abnormal Pap
- ☐ Hot flashes
- ☐ Irregular menstrual cycle
- ☐ Painful menstrual cycle
- ☐ Vaginal discharge
- ☐ Other: _____

Male Patients

- ☐ Erectile dysfunction
- ☐ Penile discharge
- ☐ Sexual dysfunction
- ☐ Other: _____